

Effectiveness and safety of sodium-glucose cotransporter-2 inhibitor initiation in sacubitril-valsartan users with heart failure: a population-based cohort study

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Aims

Large-scale real-world evidence regarding outcomes of sodium-glucose cotransporter-2 inhibitors (SGLT2i) initiation added to sacubitril-valsartan is currently limited. We aim to investigate effectiveness and safety of SGLT2i initiation among older sacubitril-valsartan users with heart failure in routine clinical practice.

Methods and results

This prevalent new-user cohort study used linkable administrative data in Ontario, Canada, to emulate a target trial. In sacubitril-valsartan users with heart failure aged ≥ 66 years, SGLT2i initiators were matched on time-conditional propensity scores to non-initiators (October 2019 to June 2024). The primary effectiveness outcome was a composite of hospitalization for heart failure (HHF) or all-cause mortality. We also studied safety outcomes, including acute kidney injury (AKI), genital infection, urinary tract infection (UTI), falls, hospitalization for hypotension, diabetic ketoacidosis, and hypoglycaemia. Among 5000 matched pairs, SGLT2i initiation was associated with lower HHF or all-cause mortality [hazard ratio (HR) 0.71, 95% confidence interval 0.64–0.78; 1-year absolute risk: 13.9% vs. 19.2%]. Sodium-glucose cotransporter-2 inhibitor initiation was associated with a higher genital infection risk (2.36, 1.58–3.51; 1.8% vs. 0.7%) but not with higher rates of falls, hospitalization for hypotension, or UTI. Diabetic ketoacidosis was uncommon among SGLT2i users with diabetes as were hypoglycaemic events among SGLT2i users without diabetes. Sodium-glucose cotransporter-2 inhibitor initiation showed lower AKI among those with diabetes (0.78, 0.66–0.94) but not among those without diabetes (1.01, 0.66–0.94; HR homogeneity: $P = 0.035$).

Conclusion

This observational real-world evidence study supports effectiveness of SGLT2i among older sacubitril-valsartan users with heart failure, and suggests no increase in the safety outcomes studied, except genital infection.

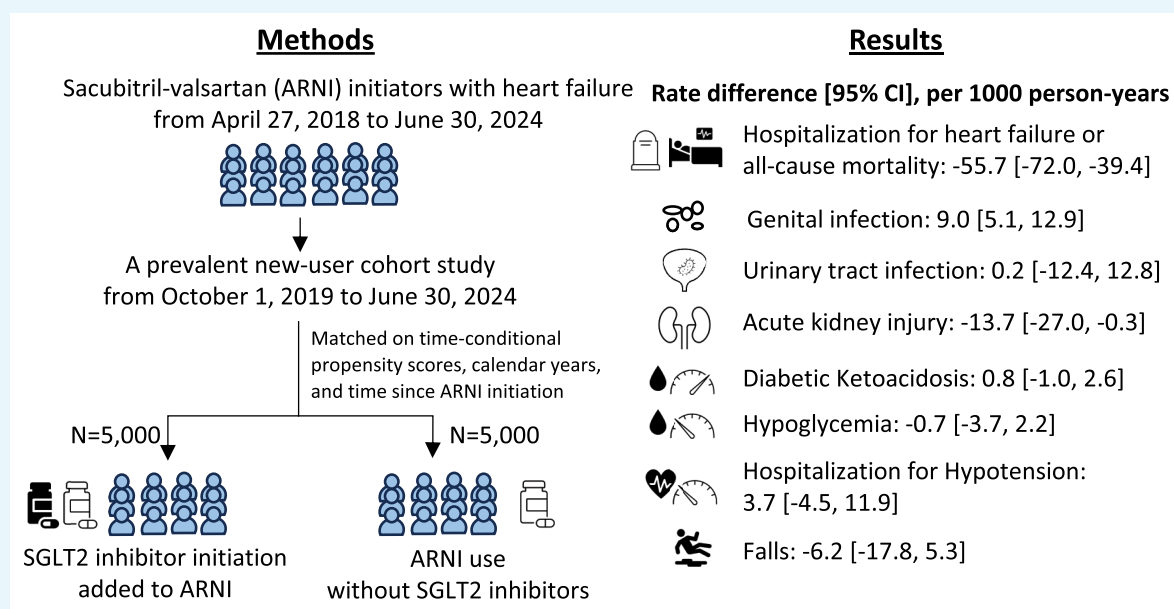
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Graphical abstract



Keywords

Sodium-glucose cotransporter 2 inhibitors • Angiotensin receptor-neprilysin inhibitor • Heart failure • Comparative effectiveness • Safety

Introduction

Sacubitril-valsartan is an angiotensin receptor-neprilysin inhibitor (ARNI), which has been shown to reduce hospitalization for heart failure (HHF) and mortality in people with heart failure with reduced ejection fraction (HFrEF).¹ The efficacy of ARNI is less certain in heart failure with mildly reduced or preserved ejection fraction (HFmrEF or HFpEF).² For HFrEF, Canadian guidelines have recommended ARNI as the first-line therapy,³ and multiple guidelines have recommended combination of ARNI, beta-blockers, mineralocorticoid receptor antagonists (MRAs), and sodium-glucose cotransporter-2 (SGLT2) inhibitors.^{3–5}

Sodium-glucose cotransporter-2 inhibitors are first approved for type 2 diabetes treatment and recently approved for heart failure treatment. In placebo-controlled trials of people with heart failure, SGLT2 inhibitors reduce worsening heart failure regardless of diabetes status and ejection fraction.^{6–12} Real-world evidence studies have recapitulated the effectiveness of SGLT2 inhibitor initiation in heart failure with diabetes,^{13–16} indicating that experimental findings may be generalized to routine clinical practice; however, most robust real-world evidence studies focused on either heart failure with diabetes^{13–16} or acute heart failure.^{15,16} To our knowledge, large-scale real-world evidence with robust methodology in broad heart failure populations regardless of diabetes status has been limited.¹⁷ In a rigorous cohort study,¹⁷ SGLT2 inhibitor initiation was associated with lower all-cause mortality but not with lower HHF in a broad HFrEF population, inconsistent with experimental evidence.^{7,8} Also, pharmacovigilance studies using voluntary safety report data detected signals for potential acute kidney injury (AKI) risk with combination of ARNI and SGLT2 inhibitors.^{18,19}

While ARNI is increasingly used in heart failure,²⁰ data on the efficacy and safety of SGLT2 inhibitor initiation added to ARNI in heart failure regardless of diabetes have been limited to small subgroup analyses of the DAPA-HF and EMPEROR-Reduced trials.^{21–23} Large-scale evidence assessing the effectiveness and safety of this combination in routine clinical practice is needed.

To provide real-world evidence complementary to experimental data,^{21–23} the present study investigates the effectiveness and safety of SGLT2 inhibitor initiation added to ARNI in older adults with heart failure regardless of diabetes status, using administrative datasets in Ontario, Canada.

Methods

Data source

This population-based, retrospective cohort study used linkable administrative datasets in Ontario, Canada. The datasets (see [Supplementary material online, Table S1](#)) were linked using unique encoded identifiers and analysed at ICES. The use of the data is authorized under section 45 of Ontario's Personal Health Information Protection Act and does not require review by a Research Ethics Board.

Ontario residents of any age are eligible for the Ontario Health Insurance Plan (OHIP), but only those aged ≥ 65 years are universally eligible for the Ontario Drug Benefit (ODB) program.

Population selection

The study selected ARNI dispensations from 27 April 2017 (i.e. the formulary listing date) to 30 June 2024. Angiotensin receptor-neprilysin inhibitor initiation was defined as no ARNI dispensing in the past year, and therefore we only included those with first

ARNI dispensing at the age ≥ 66 years from 27 April 2018 to 30 June 2024, and those with continuous eligibility in the past year. To identify heart failure patients, ARNI initiators without heart failure diagnoses from hospital admissions or OHIP physician claims before or at ARNI initiation were excluded.

Angiotensin receptor-neprilysin inhibitor is more likely to be prescribed in HFrEF,^{3–5} and HFrEF diagnosis accounts for approximately half of the heart failure patients.^{24,25} Reimbursement of ARNI use by the ODB is limited to people with documented HFrEF and New York Heart Association (NYHA) Class II or III. Thus, most ARNI users were anticipated to be HFrEF cases in our study; however, ejection fraction measures or diagnostic codes for classifying heart failure were not available in the study, nor a within a population subset to extrapolate, validate, or quantify the HFrEF prevalence.

Supplementary material online, Figure S1 graphically summarizes the study design. The present study used a prevalent new-user cohort design²⁶ to emulate a hypothetical pragmatic trial²⁷ comparing initiation vs. no initiation of SGLT2 inhibitors among prevalent or new users of ARNI with heart failure (see Supplementary material online, Table S2). All ARNI dispensations from first identified initiation were potential cohort entries, and eligibility criteria were consistently applied to each ARNI dispensation. As the exposures, cohort creation, and eligibility criteria followed a target trial emulation framework, immortal time bias and baseline selection bias were minimized.²⁷ The first trial of SGLT2 inhibitors in heart failure was published in September 2019;⁷ thus, the cohort entry period started from 1 October 2019 to 30 June 2024.

For individuals re-initiating ARNI, dispensations from re-initiation were not used for potential cohort entries. To identify initiators vs. non-initiators of SGLT2 inhibitors, we excluded those without continuous eligibility in the past year of cohort entry and those dispensed SGLT2 inhibitors at any time before cohort entry. To minimize false positives in identifying combination therapy initiators, those dispensed both ARNI and an SGLT2 inhibitor on the same date were considered as combination therapy initiators. To reduce the likelihood of violating the positivity assumption, we excluded those with diabetic ketoacidosis (DKA), dialysis, or latest estimated glomerular filtration rate (eGFR) < 20 mL/min/1.73 m² in the past year. We also excluded those dispensed ARNI with angiotensin-converting enzyme inhibitors or another angiotensin receptor blocker on the same date at cohort entry. Supplementary material online, Table S3 lists details on exclusion criteria.

Exposures

Sodium-glucose cotransporter-2 inhibitors covered by ODB are canagliflozin, dapagliflozin, and empagliflozin. As canagliflozin is not indicated for heart failure treatment, canagliflozin initiators were excluded. Initiators of multiple SGLT2 inhibitors were also excluded. Sacubitril-valsartan is the only ARNI in the market.

Follow-up

The primary analysis emulated a per-protocol analysis, comparing outcomes of continuous use of SGLT2 inhibitors vs. no initiation of SGLT2 inhibitors among baseline ARNI users. The primary analysis did not consider ARNI discontinuation as treatment deviation.

Individuals were followed until the outcome of interest, death, SGLT2 inhibitor dispensing among baseline non-initiators, SGLT2 inhibitor discontinuation among baseline initiators, end of OHIP coverage, or 30 November 2024 (i.e. end of study period), whichever occurred first. Discontinuation was defined as no subsequent dispensing during the days of supply plus a 30-day grace period.

Per-protocol analysis was chosen over intention-to-treat analysis to minimize exposure misclassification, especially exposure misclassification due to staggered dispensations or rapid guideline-directed medical therapy initiation among baseline non-initiators.

Outcome definitions

The primary effectiveness outcome was a composite of HHF or all-cause mortality. Hospitalization for heart failure was defined as

inpatient admissions with the diagnosis recorded as the most responsible diagnosis.²⁸ Restricting acute cardiovascular events to the most responsible diagnosis was shown to improve the positive predictive value (PPV).²⁹ Secondary effectiveness outcomes were all-cause mortality and HHF separately.

We also examined safety outcomes potentially linked to dapagliflozin or empagliflozin, including AKI, DKA, falls, hospitalization for hypotension, hypoglycaemia, genital infection, and urinary tract infection (UTI).

Acute kidney injury was defined as the diagnosis recorded as a significant diagnosis present at an inpatient admission, which was shown to have 99.2% specificity and 81.6% PPV when the AKI Network Stage 1 or greater was the referent.³⁰ Diabetic ketoacidosis and hypoglycaemia were defined based on one diagnostic code from inpatient admissions or emergency visits at any position. Diabetic ketoacidosis codes from inpatient admissions showed 99.6% specificity and 67.0% PPV.³¹ Hypoglycaemia codes were shown to have 94.0% PPV among hypoglycaemia cases in inpatient stays or emergency visits.³²

Falls, genital infection, UTI, and hospitalization for hypotension were defined using previously used algorithms.^{33,34} Hospitalization for hypotension was defined as hypotension recorded as a significant diagnosis present at an inpatient admission.³⁴ Falls were defined as one diagnostic code from inpatient admissions or emergency visits at any position. Genital infection and UTI were defined as one diagnostic code in any settings. Detailed definitions of each outcome are summarized in Supplementary material online, Table S4.

Statistical analysis

Creation of exposure sets was based on time since ARNI initiation and calendar years (see Supplementary material online, Figure S2). Eligible ARNI dispensations were first classified into new and prevalent ARNI use. New ARNI use with or without concurrent SGLT2 inhibitor initiation in the same calendar year were considered in the same exposure set. For prevalent ARNI use, the exposure sets were created by dividing time since ARNI initiation into 30-day intervals,³⁵ and then further stratified by calendar years. Angiotensin receptor-neprilysin inhibitor dispensations with or without SGLT2 inhibitor initiation on the same date was identified within each exposure set. When an individual had multiple ARNI dispensations eligible for the comparator within an exposure set, we randomly selected one as the potential cohort entry for that exposure set.

Propensity scores were estimated using a logistic regression model in stacked exposure sets, conditional on exposure sets and 118 covariates listed in Supplementary material online, Table S5, including demographics, prescribing speciality, disease-related variables, healthcare utilization, recent hospitalization (all-cause hospitalization and HHF), eGFR stages, comorbidities, procedures, and concurrent medications. This modelling approach estimates propensity scores, rather than pseudo-probabilities from conditional logistic regression.³⁶ Restricted cubic splines with 4 percentile knots were used to model continuous covariates. The models were fitted separately for new and prevalent users of ARNI. For the positivity assumption, exposure sets without eligible SGLT2 inhibitor initiators were excluded from propensity score estimation, and exposure sets with no propensity scores overlap between groups were excluded. Within an exposure set, unique individuals were 1:1 matched on propensity scores with a caliper of 0.1 times the standard deviation of propensity scores.³⁶ Individuals selected for matching in one exposure set could still enter a subsequent exposure set when eligible (i.e. matching with replacement), which was suggested to be unbiased and more efficient than matching without replacement across exposure sets.³⁶

Follow-up started from the date of ARNI dispensing in the corresponding exposure sets. Cause-specific hazard ratios (HRs) and the 95% confidence intervals (CIs) were estimated using Cox regression. Absolute rates and incidence rate differences (IRDs) per 1000

person-years were estimated using Poisson regression. Robust variance estimation was used in regression models to yield conservative standard errors that account for within-subject non-independence.³⁷ The Aalen-Johansen estimator with death as a competing risk³⁸ was used to visualize cumulative incidence functions (CIFs) and calculate absolute risks. Analyses were conducted in SAS v9.4 (SAS Institute, Cary, NC, USA).

Subgroup analysis

Subgroup analyses by new vs. prevalent use of ARNI, age >75 vs. ≤75 years, sex, MRA use, diabetes, atrial fibrillation, HHF in the past year, and eGFR ≥60 vs. <60 mL/min/1.73 m² were performed. Molecule-specific analyses for dapagliflozin and empagliflozin were also performed, and switching from one to another SGLT2 inhibitor was considered as an additional censoring endpoint. For each subgroup analysis, propensity scores calculation and matching were re-performed. The Wald test for homogeneity with a 5% significance level was used to test whether the estimates significantly differed between subgroups.

Supporting analysis

First, SGLT2 inhibitors might be initiated in hospitals, but inpatient prescription data were unavailable. To more accurately select initiators, we excluded those discharged from hospitals in the past week. Second, to explore the potential for reverse causality due to existing infection, we excluded those diagnosed with UTI or dispensed antibiotics for UTI and those diagnosed with genital infection or dispensed antifungals in the past 90 days. Third, inverse probability of censoring weighting for selection bias due to treatment-related time-varying confounding was applied to examine the robustness to informative censoring caused by treatment deviation (see [Supplementary material online, Methods S1](#)). Fourth, to estimate effects of continuous combination of ARNI and SGLT2 inhibitors vs. continuous ARNI without SGLT2 inhibitors, we further censored at ARNI discontinuation, and a separate analysis included censoring weights to further adjust for selection bias over time (see [Supplementary material online, Methods S1](#)). Fifth, to explore the role of ARNI adherence in the primary analysis, ARNI discontinuation as an outcome was studied. Sixth, alternative outcome definitions for AKI and UTI were explored (see [Supplementary material online, Table S4](#)). Seventh, to examine the robustness to residual confounding, ischaemic stroke as a negative control outcome was examined (see [Supplementary material online, Methods S2](#)).^{14,39} Eighth, colorectal cancer screening as another negative control outcome was examined to explore potential bias due to differential healthcare contact. Ninth, for safety outcomes revealing significantly higher risk with SGLT2 inhibitors, quantitative bias analyses (see [Supplementary material online, Methods S3](#)) were performed to explore the impact of non-differential misclassification on risk estimates.⁴⁰ Tenth, another quantitative bias analysis for unmeasured confounding was conducted using the rule-out approach.⁴¹

Results

Population characteristics

The cohort study analysed 5000 matched pairs of SGLT2 inhibitor initiators and non-initiators ([Figure 1](#)). Among matched SGLT2 inhibitor initiators, 67% used empagliflozin (see [Supplementary material online, Table S6](#)). All covariates (see [Supplementary material online, Table S7](#)) showed standardized mean differences (SMDs) < 0.1 after matching, and highlighted baseline characteristics are shown in [Table 1](#). The propensity score distributions are depicted in [Supplementary material online, Figure S4](#). Reasons for end of follow-up by exposure groups are summarized in [Supplementary material online, Table S8](#).

Effectiveness outcomes

The crude analyses are reported in [Supplementary material online, Table S9](#). The estimates for effectiveness are summarized in [Table 2](#), the CIFs are illustrated in [Figure 2](#), and the absolute risks are summarized in [Supplementary material online, Table S10](#).

Among older ARNI users with heart failure, SGLT2 inhibitor initiation was associated with lower HHF or all-cause mortality [IRD (95% CI): −55.7 (−72.0, −39.4); 1-year absolute risk: 13.9% vs. 19.2%]. When individual effectiveness outcomes were analysed, the IRDs for HHF and all-cause mortality were −28.1 (95% CI: −39.4, −16.7) and −40.3 (95% CI: −52.7, −27.8), respectively.

Safety outcomes

Crude estimates are reported in [Supplementary material online, Table S11](#). The estimates for safety outcomes are summarized in [Table 3](#), the CIFs are illustrated in [Supplementary material online, Figures S5–S11](#), and the absolute risks are summarized in [Supplementary material online, Table S12](#).

Sodium-glucose cotransporter-2 inhibitor initiation was not significantly associated with higher rates of DKA, hypoglycaemia, falls, hospitalization for hypotension, and UTI. However, SGLT2 inhibitor initiation was associated with a higher genital infection rate [IRD (95% CI): 9.0 (5.1, 12.9); 1-year absolute risk: 1.8% vs. 0.7%]. Sodium-glucose cotransporter-2 inhibitor initiation overall showed an IRD of −13.7 (95% CI: −27.0, −0.3) for AKI.

Subgroup analysis

The subgroup analyses are reported in [Supplementary material online, Figures S11–S20](#). There were no significant differences in effectiveness between empagliflozin and dapagliflozin or between diabetes status ([Figure 3](#)). Females vs. males showed significantly greater absolute increase [IRD (95% CI): 17.3 (7.5, 27.1) vs. 5.7 (2.2, 9.1), homogeneity: $P = 0.028$] in genital infection but numerically smaller reduction in the effectiveness endpoint [IRD (95% CI): −31.8 (−60.2, −3.5) vs. −65.8 (−86.2, −45.4), homogeneity: $P = 0.056$]. Acute kidney injury reduction was observed in people with diabetes [IRD (95% CI): −35.7 (−61.0, −10.3)] but not observed in people without diabetes [IRD (95% CI): 2.0 (−13.2, 17.1), homogeneity: $P = 0.013$]. Incident DKA was rare among SGLT2 inhibitor initiators with diabetes (absolute rate: 4.5). Hypoglycaemic events were rare (absolute rate: 4.3) but numerically higher in SGLT2 inhibitor initiators without diabetes [IRD (95% CI): 1.7 (−1.0, 4.5)].

Supporting analysis

Results were comparable when those recently discharged were excluded (see [Supplementary material online, Table S13](#)). Similar estimates were seen when individuals with recent diagnostic codes of genital infection or UTI or individuals recently dispensed antibiotics or antibiotics for UTI were excluded (see [Supplementary material online, Table S14](#)). In analyses with censoring weighting for SGLT2 inhibitors (see [Supplementary material online, Table S15](#)) or in analyses that considered ARNI discontinuation as an additional endpoint (see [Supplementary material online, Tables S16 and S17](#)), although smaller all-cause mortality reduction was observed, results for safety outcomes were similar. The HRs for the alternative AKI and UTI definitions were 0.85 (95% CI: 0.64–1.13) and 0.88 (95% CI: 0.72–1.08), respectively (see [Supplementary material online, Table S18](#)).

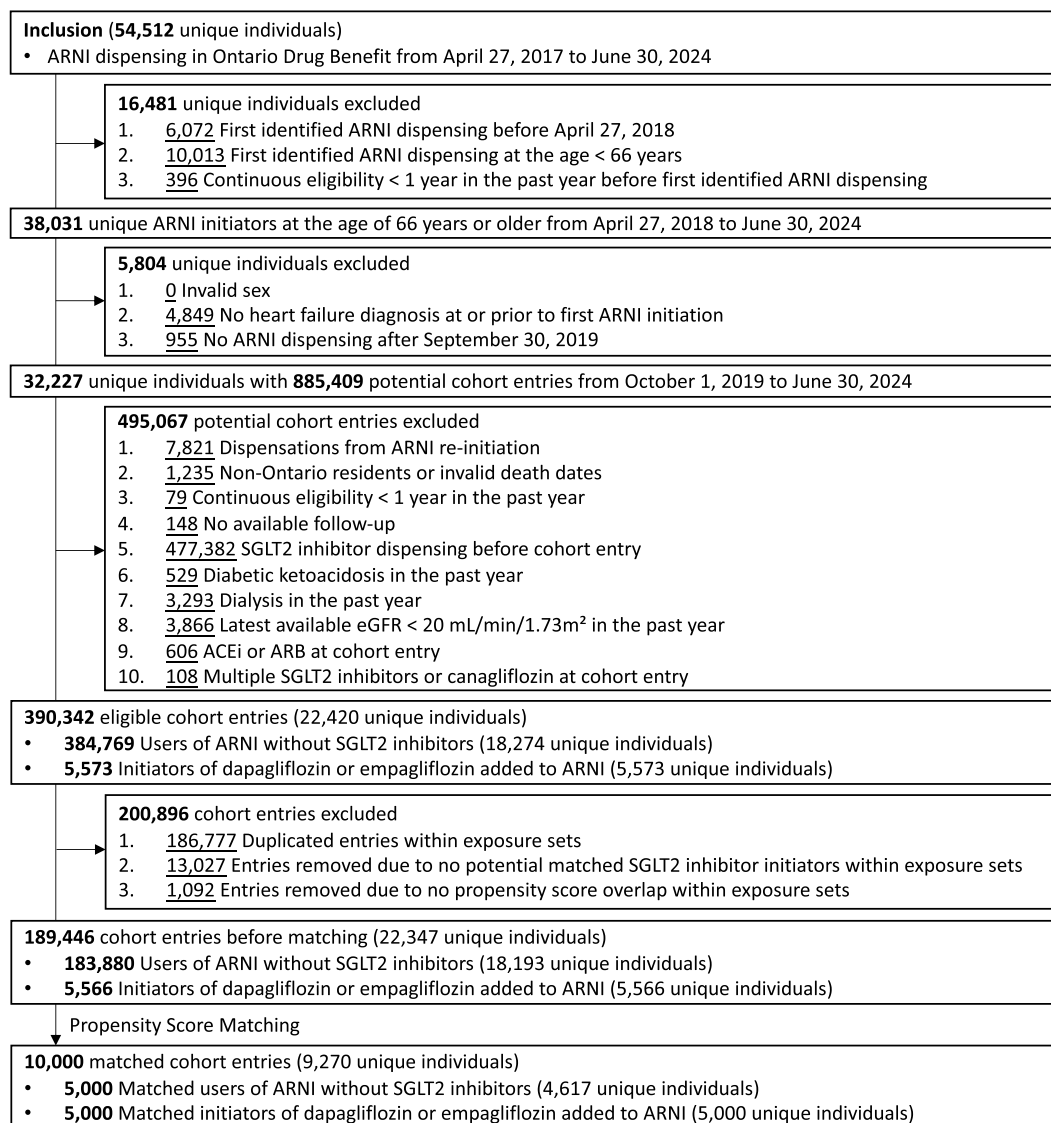


Figure 1 Cohort flow diagram. Among 9270 unique individuals, 8585 (92.6%) entered the study only once as either sodium-glucose cotransporter-2 inhibitor initiators or non-initiators, and the maximum number of cohort entry was 4 (interquartile range: 1-1). Among 5000 unique sodium-glucose cotransporter-2 inhibitor initiators, only 347 (6.9%) previously entered the study as non-initiators.

Sensitivity analyses sorted by outcomes were presented in [Supplementary material online, Figures S21–S30](#).

Ischaemic stroke as a negative control outcome showed an HR of 1.04 (95% CI: 0.68–1.58) (see [Supplementary material online, Table S18](#)). Colorectal cancer screening as another negative control outcome showed an HR of 1.19 (95% CI: 0.81–1.75) (see [Supplementary material online, Table S18](#)).

Sodium-glucose cotransporter-2 inhibitor initiators were less likely to discontinue ARNI [HR (95% CI): 0.81 (0.76–0.87); 1-year absolute risk: 32.5% vs. 38.1%], suggesting ARNI adherence might partly account for the observed effectiveness with SGLT2 inhibitors (see [Supplementary material online, Tables S19 and S20](#)).

In the quantitative bias analysis, the corrected absolute difference in genital infection did not exceed the observed difference in effectiveness unless assuming extremely low sensitivity (see

[Supplementary material online, Figure S31](#)). According to the quantitative bias analysis, moderate to large unmeasured confounding would be needed to nullify the observed effectiveness (see [Supplementary material online, Figure S32](#)).

Discussion

In this real-world evidence study, SGLT2 inhibitor initiation was associated with lower HHF or all-cause mortality among older ARNI users with heart failure. No significant increase in the rates of falls, hospitalization for hypotension, or UTI was seen with SGLT2 inhibitor initiation. Diabetic ketoacidosis was rare among those with diabetes, and hypoglycaemic events were rare among those without diabetes. Nonetheless, genital infection was significantly higher in the SGLT2 inhibitor group, and AKI

Table 1 Highlighted baseline characteristics by sodium-glucose cotransporter-2 inhibitor initiation among angiotensin receptor-neprilysin inhibitor users

Characteristics ^a	Before matching			After matching		
	Initiators (N = 5566) ^b	Non-initiators (N = 183 880) ^b	SMD	Initiators (N = 5000) ^b	Non-initiators (N = 5000) ^b	SMD
Age, years, mean (SD)	77.08 (7.20)	79.14 (7.45)	-0.28	77.25 (7.23)	77.34 (7.29)	-0.01
Male	66.87% (3722)	63.72% (117 166)	0.07	66.64% (3332)	67.34% (3367)	-0.01
Days since ARNI initiation, median (IQR)	0 [0–10]	386 [116–758]	0.00	0 [0–14]	0 [0–14]	0.00
Concurrent ARNI initiation	74.36% (4139)	8.03% (14 774)	1.82	73.98% (3699)	73.98% (3699)	0.00
Rurality						
Rural	11.52% (641)	12.67% (23 295)	-0.04	11.62% (581)	11.56% (578)	0.00
Urban	88.23% (4911)	87.09% (160 146)	0.03	88.14% (4407)	88.22% (4411)	0.00
Missing	0.25% (14)	0.24% (439)	0.00	0.24% (12)	0.22% (11)	0.00
Duration of heart failure, years, median (IQR)	0.99 [0.05–7.82]	4.39 [1.68–10.61]	-0.31	1.24 [0.06–8.13]	1.24 [0.07–8.37]	0.00
ARNI dose at cohort entry						
Low	64.98% (3617)	56.21% (103 362)	0.18	64.80% (3240)	65.60% (3280)	-0.02
Medium	27.94% (1555)	29.91% (54 995)	-0.04	27.92% (1396)	27.12% (1356)	0.02
High	7.08% (394)	13.88% (25 523)	-0.22	7.28% (364)	7.28% (364)	0.00
Discharge from hospitalization in the past week	37.35% (2079)	2.77% (5097)	0.96	30.92% (1546)	30.52% (1526)	0.01
Discharge from hospitalized heart failure in the past week	20.86% (1161)	1.17% (2154)	0.66	16.56% (828)	16.16% (808)	0.01
eGFR, mL/min/1.73 m ²						
≥90	10.91% (607)	6.84% (12 581)	0.14	10.86% (543)	10.94% (547)	0.00
60–90	46.16% (2569)	38.07% (70 009)	0.16	46.18% (2309)	46.18% (2309)	0.00
45–60	24.06% (1339)	25.61% (47 091)	-0.04	23.90% (1195)	23.06% (1153)	0.02
30–45	13.01% (724)	17.94% (32 981)	-0.14	13.02% (651)	13.84% (692)	-0.02
<30	2.44% (136)	4.58% (8422)	-0.12	2.50% (125)	2.64% (132)	-0.01
Missing	3.43% (191)	6.96% (12 796)	-0.16	3.54% (177)	3.34% (167)	0.01
Comorbidities^c						
Acute kidney injury	19.49% (1085)	20.62% (37 922)	-0.03	19.16% (958)	19.04% (952)	0.00
Anaemia	19.39% (1079)	21.38% (39 313)	-0.05	19.54% (977)	19.42% (971)	0.00
Angina	25.78% (1435)	27.14% (49 905)	-0.03	25.50% (1275)	26.08% (1304)	-0.01
Atrial fibrillation	46.35% (2580)	48.26% (88 743)	-0.04	45.60% (2280)	46.50% (2325)	-0.02
Coronary atherosclerosis	49.95% (2780)	54.11% (99 493)	-0.08	50.02% (2501)	50.44% (2522)	-0.01
Diabetes	37.28% (2075)	33.20% (61 047)	0.09	35.58% (1779)	35.90% (1795)	-0.01
Diabetic ketoacidosis	1–5	0.15% (268)	NA	1–5	1–5	NA
Fall	14.25% (793)	18.25% (33 565)	-0.11	14.50% (725)	14.70% (735)	-0.01
Genital infection	2.32% (129)	2.70% (4969)	-0.02	2.48% (124)	2.46% (123)	0.00
Hypertension	73.01% (4064)	69.20% (127 242)	0.08	72.16% (3608)	72.76% (3638)	-0.01

Continued

Table 1 Continued

Characteristics ^a	Before matching			After matching		
	Initiators (N = 5566) ^b	Non-initiators (N = 183 880) ^b	SMD	Initiators (N = 5000) ^b	Non-initiators (N = 5000) ^b	SMD
Hypoglycaemia	1.02% (57)	0.95% (1739)	0.01	0.92% (46)	0.92% (46)	0.00
Hypotension	6.13% (341)	7.87% (14 473)	-0.07	6.00% (300)	6.60% (330)	-0.02
Myocardial infarction	22.76% (1267)	18.57% (34 155)	0.10	21.52% (1076)	21.88% (1094)	-0.01
Stroke	9.36% (521)	10.03% (18 452)	-0.02	9.30% (465)	9.02% (451)	0.01
Urinary tract infection	15.83% (881)	19.81% (36 423)	-0.10	16.20% (810)	16.42% (821)	-0.01
Procedures^c						
Coronary angiography	37.53% (2089)	33.59% (61 757)	0.08	36.04% (1802)	36.46% (1823)	-0.01
Coronary artery bypass graft	3.41% (190)	3.09% (5674)	0.02	3.58% (179)	4.06% (203)	-0.03
Implantable defibrillator	10.89% (606)	18.87% (34 702)	-0.23	11.02% (551)	10.76% (538)	0.01
Pacemaker	16.58% (923)	25.23% (46 401)	-0.21	17.00% (850)	16.50% (825)	0.01
Percutaneous coronary intervention	12.16% (677)	10.10% (18 570)	0.07	11.42% (571)	11.36% (568)	0.00
Medications^d						
ACE inhibitors	35.20% (1959)	13.70% (25 195)	0.52	35.40% (1770)	36.10% (1805)	-0.01
Angiotensin II receptor blockers	21.49% (1196)	7.53% (13 849)	0.40	21.86% (1093)	21.34% (1067)	0.01
Antibiotics	36.22% (2016)	33.90% (62 338)	0.05	36.44% (1822)	36.54% (1827)	0.00
Anticoagulants	52.08% (2899)	56.26% (103 452)	-0.08	51.94% (2597)	52.18% (2609)	0.00
Antifungals	5.46% (304)	6.80% (12 503)	-0.06	5.48% (274)	5.80% (290)	-0.01
Antiplatelets	19.76% (1100)	15.20% (27 955)	0.12	18.86% (943)	18.54% (927)	0.01
Beta blockers	88.20% (4909)	88.17% (162 134)	0.00	87.72% (4386)	87.52% (4376)	0.01
Calcium channel blockers	26.39% (1469)	14.86% (27 328)	0.29	26.06% (1303)	26.74% (1337)	-0.02
Digoxin	9.50% (529)	11.12% (20 452)	-0.05	9.18% (459)	9.62% (481)	-0.02
Hydralazine	1.69% (94)	1.25% (2304)	0.04	1.66% (83)	1.62% (81)	0.00
Insulin	4.99% (278)	5.28% (9704)	-0.01	4.60% (230)	4.90% (245)	-0.01
Ivabradine	1.28% (71)	1.93% (3547)	-0.05	1.16% (58)	1.16% (58)	0.00
Loop diuretics	64.70% (3601)	62.43% (114 788)	0.05	63.66% (3183)	65.52% (3276)	-0.04
Metformin	19.15% (1066)	13.85% (25 475)	0.14	17.54% (877)	17.60% (880)	0.00
Mineralocorticoid receptor antagonists	60.03% (3341)	47.34% (87 040)	0.26	56.16% (2808)	56.20% (2810)	0.00
Nitrate vasodilators	16.98% (945)	11.94% (21 951)	0.14	16.18% (809)	16.38% (819)	-0.01
Statins	74.83% (4165)	76.34% (140 380)	-0.04	74.52% (3726)	74.12% (3706)	0.01
Thiazides	13.62% (758)	5.50% (10 113)	0.28	13.14% (657)	13.40% (670)	-0.01

SD, standard deviation; SMD, standardized mean difference; IQR, interquartile range.

^aCategorical variables are reported as proportion (count). Full baseline characteristics are reported in the [supplementary material](#).^bIn a prevalent new-user cohort, a unique individual could enter the study more than once. Therefore, N represents the number of cohort entries, rather than unique individuals.^cThree-year lookback window.^dOne hundred and eighty day lookback window.

Table 2 Associations between sodium-glucose cotransporter-2 inhibitor initiation and effectiveness outcomes among angiotensin receptor-neprilysin inhibitor users

	N	Events	Person-years ^a	Rates (95% CI) ^b	IRD (95% CI) ^b	HR (95% CI)
Hospitalization for heart failure or all-cause mortality						
Initiators	5000	773	5805.85	133.1 (123.5, 142.8)	−55.7 (−72.0, −39.4)	0.71 (0.64, 0.78)
Non-initiators	5000	992	5253.00	188.8 (175.7, 202.0)	0.0 (Reference)	1.00 (Reference)
Hospitalization for heart failure						
Initiators	5000	382	5805.85	65.8 (59.1, 72.5)	−28.1 (−39.4, −16.7)	0.70 (0.61, 0.81)
Non-initiators	5000	493	5253.00	93.9 (84.7, 103.0)	0.0 (Reference)	1.00 (Reference)
All-cause mortality						
Initiators	5000	500	6053.39	82.6 (75.3, 89.9)	−40.3 (−52.7, −27.8)	0.67 (0.59, 0.76)
Non-initiators	5000	677	5510.65	122.9 (112.7, 133.0)	0.0 (Reference)	1.00 (Reference)

CI, confidence interval; IRD, incidence rate difference; HR, hazard ratio.
^aTotal person-years on treatment.
^bPer 1000 person-years.

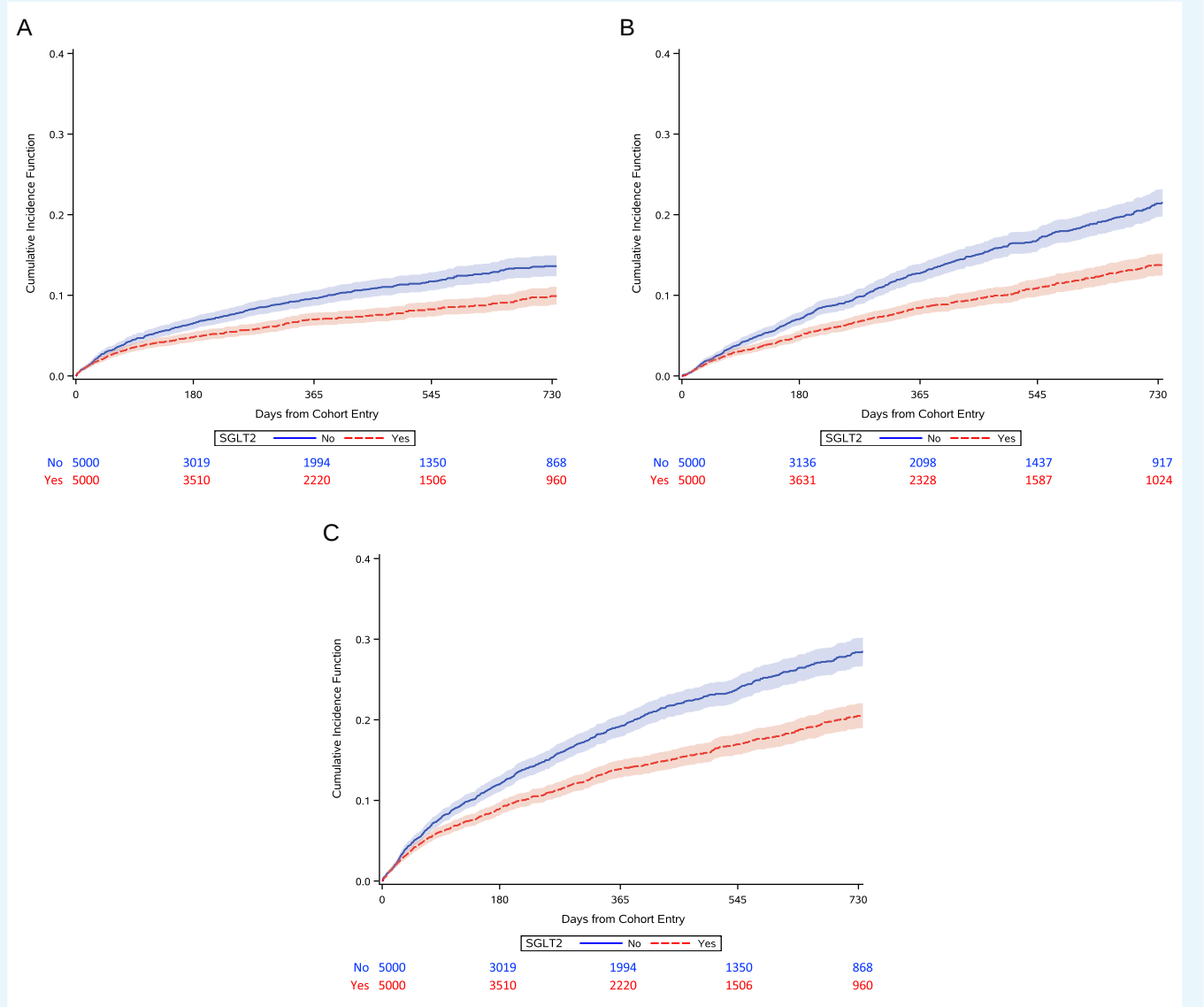


Figure 2 Cumulative incidences of (A) hospitalization for heart failure, (B) all-cause mortality, and (C) the composite effectiveness outcome by sodium-glucose cotransporter-2 inhibitor initiation.

Table 3 Associations between sodium-glucose cotransporter-2 inhibitor initiation and safety outcomes among angiotensin receptor-neprilysin inhibitor users

	N	Events	Person-years ^a	Rates (95% CI) ^b	IRD (95% CI) ^b	HR (95% CI)
Acute kidney injury						
Initiators	5000	592	5754.90	102.9 (94.4, 111.3)	-13.7 (-27.0, -0.3)	0.89 (0.79, 1.002)
Non-initiators	5000	598	5131.82	116.5 (106.2, 126.9)	0.0 (Reference)	1.00 (Reference)
Diabetic ketoacidosis						
Initiators	5000	16	6050.95	2.6 (1.3, 3.9)	0.8 (-1.0, 2.6)	1.42 (0.61, 3.26)
Non-initiators	5000	10	5503.85	1.8 (0.6, 3.1)	0.0 (Reference)	1.00 (Reference)
Falls						
Initiators	5000	469	5700.02	82.3 (74.8, 89.8)	-6.2 (-17.8, 5.3)	0.93 (0.81, 1.06)
Non-initiators	5000	452	5106.16	88.5 (79.7, 97.4)	0.0 (Reference)	1.00 (Reference)
Genital infection						
Initiators	5000	93	5965.70	15.6 (12.4, 18.8)	9.0 (5.1, 12.9)	2.36 (1.58, 3.51)
Non-initiators	5000	36	5467.93	6.6 (4.3, 8.9)	0.0 (Reference)	1.00 (Reference)
Hospitalization for hypotension						
Initiators	5000	277	5899.29	47.0 (41.4, 52.5)	3.7 (-4.5, 11.9)	1.10 (0.92, 1.31)
Non-initiators	5000	231	5344.08	43.2 (37.2, 49.2)	0.0 (Reference)	1.00 (Reference)
Hypoglycaemia						
Initiators	5000	34	6036.90	5.6 (3.7, 7.5)	-0.7 (-3.7, 2.2)	0.86 (0.53, 1.41)
Non-initiators	5000	35	5489.55	6.4 (4.1, 8.7)	0.0 (Reference)	1.00 (Reference)
Urinary tract infection						
Initiators	5000	561	5675.66	98.8 (90.5, 107.2)	0.2 (-12.4, 12.8)	1.01 (0.89, 1.14)
Non-initiators	5000	501	5078.15	98.7 (89.2, 108.1)	0.0 (Reference)	1.00 (Reference)

CI, confidence interval; IRD, incidence rate difference; HR, hazard ratio.

^aTotal person-years on treatment.^bPer 1000 person-years.

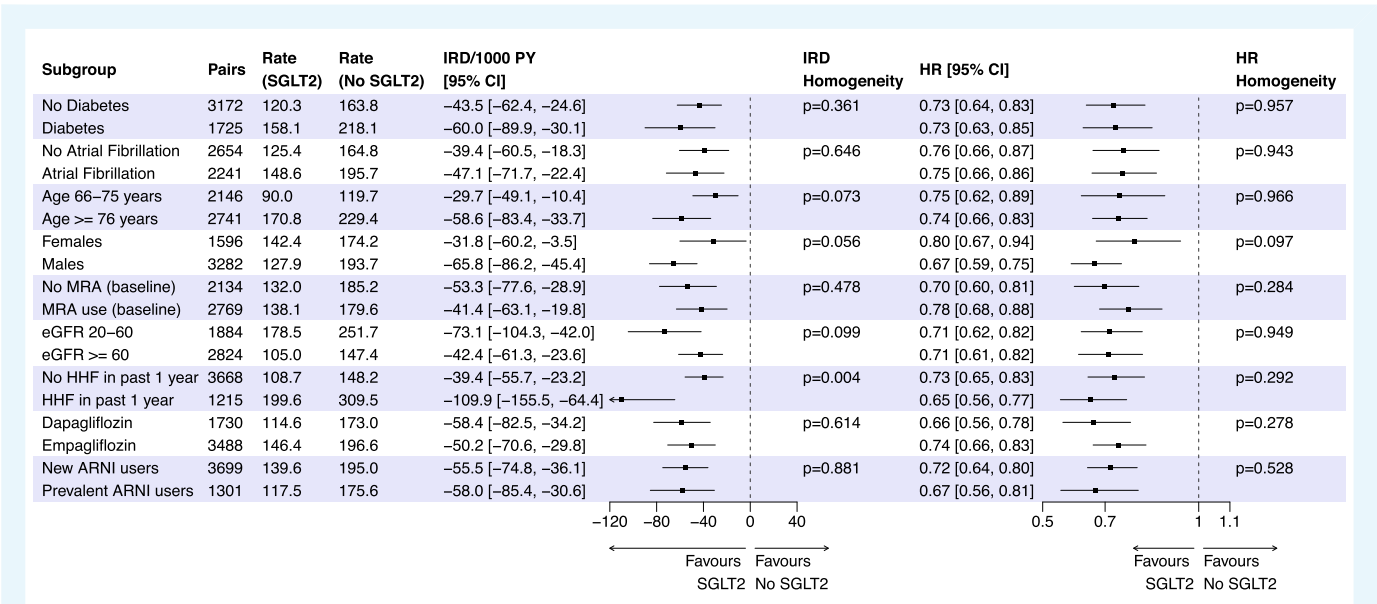


Figure 3 Subgroup analysis for hospitalization for heart failure or all-cause mortality. CI, confidence interval; IRD, incidence rate difference; PY, person-years; HR, hazard ratio; MRA, mineralocorticoid receptor antagonists; eGFR, estimated glomerular filtration rate; HHF, hospitalization for heart failure.

reduction with SGLT2 inhibitors was specific to those with diabetes.

The present study provides large-scale evidence that supports the effectiveness of SGLT2 inhibitors among ARNI users with heart failure in routine clinical practice, complementary to small subgroup analyses of the DAPA-HF and EMPEROR-Reduced trials.²¹⁻²³ In line with the DAPA-HF and EMPEROR-Reduced trials [HR (95% CI): 0.64 (0.41-1.02) and 0.61 (0.42-0.90), respectively],^{21,22} we demonstrated lower HHF associated with SGLT2 inhibitor initiation among ARNI users with heart failure [HR (95% CI): 0.70 (0.61-0.81)]. Estimates for all-cause mortality with SGLT2 inhibitor initiation among ARNI users were imprecise in the DAPA-HF and EMPEROR-Reduced trials [HR (95% CI): 0.91 (0.52-1.57) and 0.73 (0.47-1.13), respectively],^{21,22} possibly caused by a low event count. In our study, all-cause mortality was significantly lower [HR (95% CI): 0.67 (0.59-0.76)] with dapagliflozin or empagliflozin. Larger samples may yield more stable point estimates with greater precision. According to the sensitivity analysis with censoring weights, although time-varying confounding might have partly overestimated the observed reduction in all-cause mortality, the observed effectiveness is likely robust to time-varying confounding.

A meta-analysis of randomized trials⁴² yielded a modest relative risk increase in UTI and hypotension with SGLT2 inhibitors in heart failure, but the pooled estimate was mainly driven by the EMPEROR-Preserved trial.¹⁰ We did not identify a significantly higher risk of UTI with SGLT2 inhibitors. Although ARNI use elevates baseline hypotension risk,^{1,2} the relative risk increase in hospitalization for hypotension with SGLT2 inhibitors was small without statistical significance in our study, implying that the relative risk might not be amplified by background ARNI use. As hospitalization for hypotension only represents a subset of hypotensive events, the true absolute hypotension risk would be greater than that observed here; nonetheless, the influence of non-differential outcome misclassification on the point estimate of the relative risk is expected to be minimal with high outcome specificity.⁴⁰

While the absolute genital infection risk was also likely underestimated due to limited sensitivity, the quantitative bias analysis correcting absolute risk underestimation suggests that the effectiveness likely still outweighs the risk of genital infection, unless there was extreme underdiagnosis. Notably, females vs. males showed smaller effectiveness but greater absolute genital infection risk in our study. Smaller relative and absolute effectiveness estimates among females might have partly resulted from a higher prevalence of HFmrEF or HFpEF, as unmeasured confounding could be more influential if the unmeasured confounder was more prevalent. However, females could still present a poorer risk-benefit ratio because of greater absolute genital infection risk.

Disproportionality analyses detected a greater odds of AKI with combination of ARNI and SGLT2 inhibitors,^{18,19} prompting the need for validation with rigorous studies. The present study concludes that SGLT2 inhibitor initiation among ARNI users with heart failure is not associated with increased AKI risk, even in the subgroups of baseline MRA use and renal insufficiency. Despite potential residual confounding in our subgroup analysis, diabetes was found to be a potential effect modifier for AKI, and AKI reduction with SGLT2 inhibitors among ARNI users was seen only in the subgroup of diabetes. Sodium-glucose cotransporter-2 inhibitors contribute to afferent vasoconstriction and efferent vasodilation, whereas ARNI contributes to afferent vasodilation.⁴³ Concurrent ARNI use might modify the renal effects of SGLT2 inhibitors.⁴³ Glucose-lowering effects might mainly mediate the observed AKI reduction among ARNI users with diabetes. Diabetes and ARNI use as possible effect modifiers for this relationship warrants further investigation. In the EMPEROR-Reduced trial stratified by diabetes status, AKI rates appeared comparable between empagliflozin and placebo in HFmrEF with diabetes,⁴⁴ whereas the AKI rate appeared lower among empagliflozin users without diabetes. Furthermore, real-world evidence studies may continue to investigate different renal outcomes⁴⁵ and hyperkalaemia risk with SGLT2 inhibitors, as well as in subgroups by diabetes, eGFR or MRA use.^{46,47}

Limitations

First, unavailable ejection fraction data limited the ability to clearly define an HFrEF population, estimate and validate the prevalence of HFrEF in this study, and identify subgroups by ejection fraction. The observed proportion of males was lower than the what might be expected in HFrEF,^{7,8} which could be consistent with HFmrEF or HFpEF being not uncommon in this study. Heart failure severity could not be characterized because data on B-type natriuretic peptide measures, NYHA class, and ejection fraction measures were unavailable. These unmeasured variables, as well as other unmeasured variables such as blood pressure measures, could limit external validity and introduce residual confounding. Second, residual selection bias due to unmeasured time-varying confounders could exist in supporting analyses with inverse probability of censoring weighting. Third, the safety outcomes might not have high sensitivity, and events not resulting in physician visits could not be detected. Non-differential outcome misclassification could have underestimated the estimates, especially absolute measures. Fourth, cardiovascular mortality could not be ascertained because causes of mortality were unavailable. As the OHIP database does not have corresponding diagnostic codes for hypotension or hypoglycaemia, symptomatic cases in an outpatient setting could not be captured. Lastly, selecting combination therapy initiators based on same-day dispensations precludes combination therapy initiators dispensed the medications on separate dates.

Conclusions

This study supports effectiveness of SGLT2 inhibitor initiation added to ARNI in older adults with heart failure regardless of diabetes status in routine clinical practice. There was no significant increase in the study safety events, except genital infection. Sodium-glucose cotransporter-2 inhibitor initiation was not associated with higher AKI, but reduction in AKI was observed only in the diabetes subgroup. Further studies are needed to validate whether the findings are robust to unmeasured confounding and replicable.

Supplementary material

Supplementary material is available at *European Heart Journal—Cardiovascular Pharmacotherapy* online.

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Author contributions

Conceptualization: C.-Y.W., B.R.S., J.A.E., and W.S. Study design: C.-Y.W., B.R.S., J.A.E., A.S., C.F.W., J.D.E., and W.S. Interpretation of data: Everyone. Drafting of the manuscript: C.-Y.W. Critical review of the manuscript: Everyone. Statistical analysis: C.-Y.W., T.W., and C.F.W. Supervision: B.R.S., J.D.E., and W.S. Funding acquisition: A.S., P.P.L., J.D.E., and W.S.

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Conflict of interest: The authors declare no conflict of interest. All funders for the present project and other unrelated projects did not influence the conduct, interpretation, and reporting of the present study.

Data availability

The dataset from this study is held securely in coded form at ICES (formerly, Institute for Clinical Evaluative Sciences). While data sharing agreements prohibit ICES from making the dataset publicly available, access may be granted to those who meet pre-specified criteria for confidential access, available at www.ices.on.ca/DAS. The full dataset creation plan and underlying analytic code are available from the authors upon request, understanding that the computer programs may rely upon coding templates or macros that are unique to ICES and are therefore either inaccessible or may require modification.

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